

# Rocket Football Cheerleading - Fall Camp 2023

*All Rocket Football Cheer practices are held on the SJHS Track or in the Fieldhouse Practice Gym (inclement weather) from 6-7pm.*

**August 2023**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	Rocket Cheer Practice 6 -7pm @ SJHS on the Track	Rocket Cheer Practice 6 -7pm @ SJHS on the Track		Rocket Cheer Practice 6 -7pm @ SJHS on the Track		
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
	Rocket Cheer 6 -7pm @ SJHS on the Track	Rocket Cheer 6 -7pm @ SJHS on the Track		FUTURE BEAR NIGHT VARSITY HOME GAME Rocket Cheer should arrive at SJHS by 7pm— Rocket will cheer during the 2nd Quarter and perform at halftime!		

# *Rocket Football Cheerleading - Fall Game Schedule 2023*

**Future Bear Night: August 31st at 7pm at Saint Joseph High School**

**Rocket Football Cheerleaders cheer at a Varsity Game! Cheerleaders should wear their uniform and bow (dress for weather) - Rocket Cheerleaders will meet in the tunnel after the 1st quarter and cheer during the 2nd Quarter as well as perform their dance at halftime! Drop-off and pick-up will be by the concession stands under the stadium near the tunnel.**

## **Game Schedule:**

**TO BE PROVIDED ONCE ESTABLISHED BY THE  
SAINT JOSEPH ROCKET FOOTBALL PROGRAM**

**Please note that these games will be run by Rocket Cheer Parent Volunteers. Additionally, Saturday games are not mandatory - Rocket Cheerleaders are encouraged to attend Camp and Future Bear Night!**

***All Rocket Football GAMES are played at the Upton Middle School Football Field unless otherwise noted.***

***Cheerleaders and parents should arrive ten minutes before game time DRESSED and ready to CHEER FOR THE BEARS!! Cheerleaders are encouraged to wear layers and dress for the fall weather as needed.***