

June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
2023 FALL SIDELINE CHEER REGISTRATION OPEN						
4	5	6	7	8	9	10
2023 FALL SIDELINE CHEER REGISTRATION OPEN						
11	12	13	14	15	16	17
2023 FALL SIDELINE CHEER REGISTRATION OPEN						
18	19	20	21	22	23	24
REGISTRATION CLOSED	CHEER SKILLS CAMP @ SJHS 5:30 -7:30pm	CHEER SKILLS CAMP @ SJHS 5:30 -7:30pm		TRYOUTS @ SJHS 5PM-8PM		
25	26	27	28	29	30	
	Varsity + JV Mandatory Team, Parent & Coach Meeting 5:30-6pm Practice 6-7:30pm	Varsity PRACTICE 5:30-7:30pm		Varsity PRACTICE 5:30-7:30pm		

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					June 30	1
					FOURTH OF JULY BREAK	
2	3	4	5	6	7	8
	FOURTH OF JULY BREAK					
9	10 Varsity PRACTICE 5:30-7:30pm	11 Varsity PRACTICE 5:30-7:30pm	12	13 Varsity PRACTICE 5:30-7:30pm	14	15
16	17 Varsity PRACTICE 5:30-7:30pm	18 Varsity PRACTICE 5:30-7:30pm	19	20 Varsity PRACTICE 5:30-7:30pm	21	22
23	24 Varsity PRACTICE 5:30-7:30pm	25 Varsity PRACTICE 5:30-7:30pm	26	27 Varsity PRACTICE 5:30-7:30pm	28	29
30	31 Varsity PRACTICE 5:30-7:30pm					

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Varsity PRACTICE 5:30-7:30pm	2	3 Varsity PRACTICE 5:30-7:30pm	4	5
6	7 Varsity PRACTICE 5:30-7:30pm	8 Varsity PRACTICE 5:30-7:30pm	9	10 Varsity PRACTICE 5:30-7:30pm	11	12
13	14 Varsity PRACTICE 5:30-7:30pm	15 Varsity PRACTICE 5:30-7:30pm	16	17 Varsity PRACTICE 5:30-7:30pm	18	19
20	21 Varsity + JV Rocket 6 -7pm Practice 7-8pm	22 Varsity + JV Rocket 6 -7pm Practice 7-8pm	23	24 Varsity Rocket 6 -7pm Practice 7-8pm	25 VARSITY AWAY GAME @ Niles Leave SJHS @ 5pm	26
27	28 Varsity + JV Rocket 6 -7pm Practice 7-8pm	29 Varsity + JV Rocket 6 -7pm Practice 7-8pm	30	31 VARSITY HOME GAME vs. Detroit Henry Ford Varsity + JV Arrive at SJHS @ 6pm Future Bear Night		

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 LABOR DAY— NO PRACTICE	5 Varsity PRACTICE 5:30-7:30pm	6	7 Varsity PRACTICE 5:30-7:30pm	8 VARSITY HOME GAME vs. Kalamazoo Central Arrive at SJHS @ 6pm Staff Appreciation Night	9
10	11 Varsity PRACTICE 5:30-7:30pm	12 Varsity PRACTICE 5:30-7:30pm	13	14 Varsity PRACTICE 5:30-7:30pm	15 VARSITY AWAY GAME @ Battle Creek Lakeview Leave SJHS @ 4:45pm	16
17	18 Varsity + JV PRACTICE 5:30-7:30pm with Football Team	19 Varsity + JV PRACTICE 5:30-7:30pm with Football Team	20	21 Varsity + JV PRACTICE 5:30-7:30pm with Football Team	22 <i>HoCo Pep Assembly</i> VARSITY HOME GAME vs. Portage Central Arrive at SJHS @ 6pm Homecoming	23
24	25 Varsity PRACTICE 5:30-7:30pm	26 Varsity PRACTICE 5:30-7:30pm	27	28 Varsity PRACTICE 5:30-7:30pm	29 VARSITY AWAY GAME @ Portage Northern Leave SJHS @ 5pm	30

October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Varsity + JV Junior Bear 6 -7pm Practice 7-8pm with Lakeshore Teams	3 Varsity + JV Junior Bear 6 -7pm Practice 7-8pm with Lakeshore Teams	4	5 Varsity Junior Bear 6 -7pm Practice 7-8pm	6 VARSITY HOME GAME vs. Lakeshore Varsity + JV Arrive at SJHS @ 5:30pm Junior Bear Night	7
8	9 Varsity PRACTICE 5:30-7:30pm	10 Varsity PRACTICE 5:30-7:30pm	11	12 Varsity PRACTICE 5:30-7:30pm	13 VARSITY AWAY GAME @ Mattawan Leave SJHS @ 5pm	14
15	16 Varsity PRACTICE 5:30-7:30pm	17 Varsity PRACTICE 5:30-7:30pm	18	19 Varsity PRACTICE 5:30-7:30pm	20 VARSITY HOME GAME vs. Battle Creek Central Arrive at SJHS @ 6pm Senior Night	21
22	23	24 TBD Playoffs: Varsity PRACTICE 5:30-7:30pm	25	26 TBD Playoffs: Varsity PRACTICE 5:30-7:30pm	27 TBD: VARSITY PLAYOFF GAME vs. (?)	28
29	30	31				